

# **HELP REDUCE STIGMA**

## **Language Matters**

### **SAY THIS**

### **NOT THIS**

<b>Person with substance use disorder</b>	<b>Addict, user, druggie, junkie, abuser</b>
<b>Disease</b>	<b>Drug habit</b>
<b>Person living in recovery</b>	<b>Ex-addict</b>
<b>Person arrested for a drug violation</b>	<b>Drug offender</b>
<b>Substance dependent</b>	<b>Hooked</b>
<b>Medication is a treatment tool</b>	<b>Medication is a crutch</b>
<b>Had a setback</b>	<b>Relapsed</b>
<b>Maintained recovery; substance-free</b>	<b>Stayed clean</b>
<b>Negative drug screen</b>	<b>Clean</b>
<b>Positive drug screen</b>	<b>Dirty drug screen</b>

**[SeeBeyondTheAddiction.org](http://SeeBeyondTheAddiction.org)**

Dial 2-1-1 to get connected to local treatment and recovery resources  
Call 9-8-8 to reach the Suicide & Crisis Lifeline and speak with a trained crisis specialist